

## 2019 HEALTH SCREENING SCHEDULE (July-September)

Upper Chesapeake Health Link will provide the following

# FREE HEALTH SCREENINGS

to Harford County seniors ages 55+  
at the Harford County Senior Activity Centers

*For more information about each screening  
please call your local Senior Activity Center.*

Edgewood Activity Center	410-612-1622
McFaul Activity Center	410-638-4040
Fallston Activity Center	410-638-3260
Havre de Grace Activity Center	410-939-5121

### July – Blood Pressure and Osteoporosis Screening

**9:30 a.m. - 11:30 a.m.**

1st Monday – Edgewood  
1st Wednesday – McFaul  
2nd Wednesday – Fallston  
4th Wednesday – Havre de Grace

### August – Blood Pressure Screenings and Sleep Disorder Screening

**9:30 a.m. - 11:30 a.m.**

1st Monday – Edgewood  
1st Wednesday – McFaul  
2nd Wednesday – Fallston  
4th Wednesday – Havre de Grace

### September – Blood Pressure Screenings and "My Plate" Healthy Eating Education

**9:30 a.m. - 11:30 a.m.**

1st Monday – Edgewood  
1st Wednesday – McFaul  
2nd Wednesday – Fallston  
4th Wednesday – Havre de Grace



Barry Glassman  
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[www.harfordcountymd.gov/services](http://www.harfordcountymd.gov/services) 410.638.3025